

California Code of Regulations
Title 22. Social Security
Division 9. Prehospital Emergency Medical Services
Chapter 1.1. ~~First Aid~~ Training Standards for Child Day Care Providers

Article 1. Definitions

§ 100000.1. Child.

"Child" means a person who is under 18 years of age who is being provided care and supervision in a child ~~day~~ care facility.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.75, 1596.866 and 1797.191, Health and Safety Code.

§ 100000.2. Child ~~Day~~ Care Facility.

"Child ~~day~~ care facility" means a facility which provides non-medical care to children under 18 years of age in need of personal services, supervision, or assistance essential for sustaining the activities of daily living or for the protection of the individual on less than a 24-hour basis. Child ~~day~~ care facility includes child ~~day~~ care centers and family child ~~day~~ care homes.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.750, 1596.866 and 1797.191, Health and Safety Code.

§ 100000.3. Child ~~Day~~ Care Center.

"Child ~~Day~~ care center" means any child ~~day~~ care facility other than a family child ~~day~~ care home, and includes infant centers, preschool, and extended child ~~day~~ care facilities.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.750, 1596.866 and 1797.191, Health and Safety Code.

§ 100000.4. Family Child ~~Day~~ Care Home.

"Family Child ~~Day~~ Care Home" means a home which regularly provides care, protection, and supervision of ~~12~~ 14 or fewer children, in the provider's own home, for periods of less than 24 hours per day, while the parents or guardians are away, and includes the following:

(a) "Large family child day care home" which means a home which provides family child day care for 7 to ~~12~~ 14 children, inclusive, including children under the age of 10 years who reside at the home.

(b) "Small family child day care home" which means a home which provides family child day care to ~~six~~ eight or fewer children, including children under the age of 10 years who reside at the home.

NOTE: Authority cited: Sections 1797.107, and 1797.191. Reference: Sections 1597.44, 1597.465, 1596.78, 1596.866 and 1797.191, Health and Safety Code.

§ 100000.5. Provider.

"Provider" means a person who operates a child ~~day~~ care facility and is licensed pursuant to Chapter 3.5 (commencing with Section 1596.90) or Chapter 3.6 (commencing with Section 1597.30) of the Health and Safety Code.

NOTE: Authority cited: Sections 1797.107 and 1797.191. Reference Sections 1596.791, 1596.90, 1597.30 and 1596.866, Health and Safety Code.

§ 100000.6. Pediatric First Aid.

"Pediatric first aid" means the recognition of and immediate care for injury or sudden illness, including medical emergencies, to an infant or child, prior to the availability of medical care by licensed or certified health care professionals.

NOTE: Authority cited: Sections 1797.107 and 1797.191. References Sections 1596.866 and 1797.191, Health and Safety Code.

§ 100000.7. Pediatric Cardiopulmonary Resuscitation.

"Pediatric cardiopulmonary resuscitation" or "pediatric CPR" means establishing and maintaining, on an infant or child, an open airway, ensuring adequate respiration either spontaneously or by use of rescue breathing, and ensuring adequate circulation either spontaneously or by means of closed chest cardiac compression.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference Section 1596.866, Health and Safety Code.

Article 2. Training Program Requirements for Child ~~Day~~ Care Providers

§ 100000.8. Approved Training Programs.

The training requirements of this Chapter may be satisfied by demonstrating the following:

- (a) A current pediatric CPR card issued either by the American Red Cross or the American Heart Association, or by a training program that has been approved by the Emergency Medical Services (EMS) Authority, and
- (b) A current pediatric first aid card issued either by the American Red Cross or by a training program that has been approved by the EMS Authority.

NOTE: Authority cited: Sections 1596.866, 1797.107 and 1797.191, Health and Safety Code.

Reference: Sections 1595.866 and 1797.191, Health and Safety Code.

§ 100000.9. Procedure for Program Approval and Reapproval.

For those courses requiring approval, the following shall be submitted to EMS Authority when requesting approval:

- ~~(a) Name, address, telephone number and program director of sponsoring institution, organization or agency;~~
(a) Name of the program, name of the business (if it is different than the name of the program), business address, telephone number and program director of the training program, institution, organization, or agency;
- (b) A resume of the director's first aid and CPR training experience;
- ~~(b)(c)~~ Completed application (Form EMS-App 100-1/95 for the pediatric first aid and CPR program or Form EMS-App 102-1/99 for the child preventive health and safety program incorporated by reference) with the following attachments:
 - ~~(1) a copy of the training course; and~~ (1) A copy of the training course curriculum, including any workbooks, videos, textbooks, or handouts if used in the course, and
 - (2) A detailed plan for evaluation of trainee competency, and
 - ~~(3) required fees for evaluation.~~ (3) A detailed plan for evaluation of instructor competency, and
 - (4) A detailed curriculum for instructor training in the pediatric first aid and CPR and preventive health training for child care providers, and
 - (5) A list of all affiliated training agencies, and

(6) A copy of the business license (if licensed), and

(7) The required fees for review, and EMSA course completion stickers.

(d) All program materials specified in this chapter shall be subject to periodic review, evaluation and monitoring by the EMS Authority.

(e) Training program directors shall notify the EMS Authority in writing within ten (10) working days of any change in course content, hours of instruction or program director.

NOTE: Authority cited: Sections 1596.866 and 1797.107, Health and Safety Code. Reference: Sections 1596.866, 1797.113 and 1797.191, Health and Safety Code.

§ 100000.10. Program Approval.

(a) The EMS Authority shall notify the training program within twenty (20) ~~ten (10)~~ working days of receiving its request for training program approval, that the request was received and contains the information requested in Section 100000.9 of ~~the~~ this Chapter or shall specify what information is missing from the request.

(b) Program approval or disapproval shall be made in writing by the EMS Authority to the requesting training program within a reasonable period of time after receipt of all required documentation. This time period shall not exceed sixty (60) days.

(c) The EMS Authority shall establish the effective date of program approval in writing upon the satisfactory documentation of compliance with all program requirements.

(d) Program approval shall be for two (2) years subject to the procedure for program approval specified in this section.

NOTE: Authority cited: Sections 1596.866 and 1797.107, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

§ 100000.11 Withdrawal of Program Approval.

Failure to comply with any requirement for program approval, use of any unqualified teaching personnel, or noncompliance with any other applicable provision of this Chapter may result in probation, suspension, revocation, or denial of renewal of program approval by the EMS Authority following the provisions of the Administrative Procedure Act, Section 11500 et. seq. of the

Government Code. An approved training program shall have no more than thirty (30) days from date of written notice to comply with this chapter.

NOTE: Authority cited: Sections 1596.866, 1797.107 and 1797.191, Health and Safety Code.

Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

§ 100000.12. Training Program Staff.

(a) Each training program shall provide for the functions of administrative direction, quality coordination, and actual program instruction.

(b) Each training program shall have an approved program director who shall be qualified by education and experience in methods, materials, and evaluation of instruction. Duties of the program director shall include but not be limited to:

(1) Administering the training program.

(2) Approving course content.

(3) Approving all written and skills examinations.

(4) Coordinating all instructional activities related to the course.

(5) Approving and monitoring instructor training.

(6) Approving and monitoring all instructors.

(7) Signing all course completion records.

(8) Assuring that all aspects of the training program are in compliance with this Chapter and other related laws.

NOTE: Authority cited: Sections 1596.866 and 1797.107, Health and Safety Code. Reference:

Sections 1596.866 and 1797.191, Health and Safety Code.

§ 100000.13. Program Review and Reporting.

(a) All program materials specified in this Chapter shall be subject to periodic review, evaluation and monitoring by the EMS Authority.

(b) Any person or agency conducting a training program shall notify the EMS Authority in writing, in advance when possible, and in all cases within thirty (30) days of any change in course content, hours of instruction, or program director.

NOTE: Authority cited: Sections 1596.866, and 1797.107, Health and Safety Code. Reference: Sections 1596.866, and 1797.191, Health and Safety Code.

§ 100000.14. Class Size and Required Course Hours.

(a) The initial course of instruction shall consist of not less than eight (8) hours in pediatric first aid and pediatric CPR. Training programs teaching pediatric first aid only are allowed with instruction in pediatric first aid to consist of not less than four (4) hours in addition to a minimum of four (4) hours of pediatric CPR.

(b) The course of instruction in child preventive health and safety shall consist of not less than seven (7) hours. The requirement for taking this course is one time only.

~~(b)~~(c) The class size ratio shall not exceed one (1) instructor to twelve (12) students for the skills practice and evaluation components of the curriculum.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

§ 100000.15. Required Course Content.

(a) The course content for pediatric first aid and CPR shall include instruction to result in competence in the following topics and skills, which shall prepare personnel within the child care setting to recognize and treat the ill or injured child, as follows:

- ~~(a)~~ (1) Patient examination and injury assessment principles;
- ~~(b)~~ (2) Orientation and access to the emergency medical services system;
- ~~(c)~~ (3) Recognition and treatment of:
 - ~~(1)~~ (A) Burns;
 - ~~(2)~~ (B) Environmental exposure;
 - ~~(3)~~ (C) Bleeding;
 - ~~(4)~~ (D) Bites and stings (including human, animal, snake, insect and marine life);
 - ~~(5)~~ (E) Fainting and seizures;
 - ~~(6)~~ (F) Dental emergencies;
 - ~~(7)~~ (G) Diabetic emergencies;
 - ~~(8)~~ (H) Eye injuries and irritants;

- ~~(9)~~ (I) Head and neck injuries;
- ~~(10)~~ (J) Respiratory distress;
- ~~(11)~~ (K) Fractures and sprains;
- ~~(12)~~ (L) Exposure and response to toxic substances;
- ~~(13)~~ (M) Shock management; and
- ~~(14)~~ (N) Wounds (including cuts, bruises, scrapes, punctures, slivers, penetrating injuries from foreign objects, amputations and avulsions).
- ~~(d)~~ (4) Assembly and use of first aid kits and supplies;
- ~~(e)~~ (5) Understanding of universal precautions and personal safety in giving emergency care;
- ~~(f)~~ (6) First aid action plan within a group care setting (including classroom management while caring for an injured or ill child);
- ~~(g)~~ (7) Injury reporting;
- ~~(h)~~ (8) Reassuring parents and children; and
- ~~(i)~~ (9) How to talk to young children about emergencies and instructing children in the emergency action plan.

(b) The course content for preventive health training shall include instruction to result in competence in the following topics and skills, which shall prepare personnel to recognize, manage, and prevent infectious diseases and childhood injuries as follows:

(1) Prevention of Infectious Disease.

(A) Childhood immunizations; i.e., age and type requirements.

(B) Maintenance of health records and forms.

(C) Process for review of medical form information, including medication administration, allergies, immunizations, and health insurance.

(D) Infectious disease policies.

1. Notices for exposure to disease.

2. Guidelines for the exclusion/inclusion of sick children.

3. Diseases that should be reported to local health agencies and to child care facility children's parents.

4. Guidelines for managing mildly ill children.

5. Guidelines for staff health regarding potential risk of infectious diseases, including but not limited to cytomegalovirus (CMV) and Hepatitis B.

E. Community Resources

Information on local resources for services that deal with children's health and the prevention of infectious disease shall be given to trainees by the training instructor.

(2) Child Injury Prevention

(A) Risk of injury related to developmental stages (example, falling, choking, head injuries).

(B) Establishing and adhering to safety policies in the child care setting.

(C) Managing children's risky behaviors that can lead to injury.

(D) Regular assessments for the safety of indoor and outdoor child care environments and play equipment.

(E) Transportation of children during child care.

1. Motor vehicle safety.

2. Child passenger safety.

3. Field trip safety.

4. School bus safety.

(F) Community resources.

Information on local resources for services that deal with children's health and the prevention of childhood injuries shall be given to trainees by the training instructor.

(G) Child abuse resources.

Where to go in your community for help and information regarding child abuse.

(c) The course content for preventive health training may include instruction in the following:

(1) Daily health assessment of children (observing children as they come to child care).

(2) Standard precautions.

(A). Sanitation.

(B). Hand washing.

(C). Use of gloves.

(3) Hygiene for children and care givers.

(A). Hand washing.

(B). Diapering.

(C). Oral hygiene.

(4) Environmental sanitation.

(A). Vector prevention.

(B). Kitchen cleanliness and sanitation practices.

(C). Toilet and diapering area sanitation.

(5) Air quality.

(A). Hazards of smoking.

(B). Importance of keeping air filters clean.

(C). Importance of fresh air.

(D). Hazards of use of fireplaces.

(E). The connection between allergens and children's respiratory illnesses, and how to reduce airborne allergens.

(6) Food quality.

(A). Safe food practices.

(B). Safe food handling.

(C). Cooking safety.

(D). Safe storage of food (including prevention of lead poisoning).

(E). Fully cooking meats and eggs.

(F). Use of only pasteurized fruit juices.

(G). Dangers of e. coli and salmonella.

(7) Water quality.

(8) Special needs children.

(A). Knowledge of resources for services for children with special health care needs.

(B). Knowledge of the Americans with Disabilities Act, and how it pertains to special needs children in child care.

(9) Community resources.

Knowledge of city, county and state resources, both non-profit and governmental, for services for children.

(10) Child abuse identification and prevention.

(A). Child abuse mandated reporting requirements.

(B). Signs of abuse and neglect.

(C). Care giver stress and the relation of this to abuse issues.

(D). Community resources; i.e., where to go for help and information regarding child abuse.

(11) Procedures to reduce the risks of the following injuries, including but not limited to: Sudden Infant Death Syndrome, burns, choking, falls, poisonings (lead, iron, acetaminophen, and other medications), oral injury, suffocation, Shaken Baby Syndrome, drowning, injuries from weapons, and injuries from animals.

(12) Earthquake and Emergency Preparedness.

(A). Preparing the child care for major disasters.

(B). Community resources for gaining information regarding preparing for disasters and/or assistance in case of a disaster.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1597.866 and 1797.191, Health and Safety Code.

§ 100000.16. Essential Skills Practice and Evaluation.

The pediatric first aid and CPR training program shall include practice and evaluation of the following skills:

- (a) Primary assessment, including management of suspected head and neck injuries.
- (b) Care for pediatric choking victims, both conscious and unconscious.
- (c) Control of bleeding.
- (d) Splinting and care for fractures, sprains, strains and dislocated joints.
- (e) Pediatric cardiopulmonary resuscitation (CPR).
- (f) Pediatric rescue breathing.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1597.866 and 1797.191, Health and Safety Code.

§ 100000.17. Methodology for Evaluation of Competency.

Each training program shall develop, as part of the course, and submit a plan for evaluating trainee competence in all content and skills areas. Following are methods which may be used to evaluate competency:

- (a) Self evaluation in conjunction with other methods.
- (b) Demonstration of mastery other than written.
- (c) Written skills test with option for oral testing.
- (d) Use of problem solving scenarios.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1597.866, and 1797.191, Health and Safety Code.

§ 100000.18. Retraining Requirements.

The retraining requirements for pediatric first aid and CPR shall be satisfied by maintaining current certification in pediatric first aid and CPR as specified in Section 100000.8. Required retraining in these topics shall occur at least every three (3) years.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1597.866 and 1797.191, Health and Safety Code.

Article 3. Training Program Instructor Requirements

§ 100000.19. ~~Required Course Hours~~ Requirements for Instructor Training for Pediatric First Aid and CPR.

- (a) Only instructors certified in pediatric first aid and CPR shall teach EMSA-approved pediatric first aid and CPR training program courses.
- (b) Approved training organizations shall determine level of entry and hours required for instructors, based on competency in essential knowledge and skills and previous hours of training in relevant courses.
 - (1) Twenty-four (24) hours of training are required for instructor certification/authorization after completion of first aid and CPR training and/or demonstrated competency in essential skills.
 - (2) Thirty-two (32) hours of training are required for instructor certification/authorization if applicant has no prior training and/or demonstrated competency in essential skills.
- (c) Each training organization must maintain written verification of instructor qualifications for each certified instructor.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1597.866 and 1797.191, Health and Safety Code.

§ 100000.20. Requirements for Instructor Training for Child Preventive Health and Safety.

- (a) Only instructors certified in pediatric first aid, CPR, and child preventive health and safety shall teach EMSA-approved child preventive health and safety training program courses.
- (b) All child preventive health and safety training program instructors shall take a course and possess a certificate in child preventive health and safety training from an EMSA-approved organization prior to teaching the Preventive Health Practices course.
- (c) This training shall be given by the EMSA-approved program that is hiring the instructor. The training shall be given as a condition of hiring, and shall include, but not be limited to, the subjects listed in Section 100000.22. Twenty-four (24) hours of training in the EMSA-approved child preventive health and safety course is required for instructor certification.
- (d) All child preventive health and safety training program instructors shall have had previous training in child preventive health and safety. This training must have occurred within the twelve (12) months prior to hiring, shall have been a minimum of twenty-four (24) hours, and shall have included, but not been limited to, the subjects listed in Section 100000.15(b).
- (e) For the purpose of establishing a source of trainers at the onset of these regulations for the child preventive health and safety training, the previous training required in Section 100000.20 (d) may include training given by the instructor himself. This exception will be given only from the date these regulations are approved until December 1, 1999.
- (f) Each training organization shall maintain written verification of instructor qualifications for each certified instructor.

§ ~~100000.20.~~ 100000.21. Required Course Content for Pediatric First Aid and CPR Instructor Training.

- (a) The training program for instructors shall include, but not be limited to, the following topics:
 - (1) Teaching methods;
 - (2) Teaching presentation and student assessment;
 - (3) Child development impact and issues;

- (4) Administrative and quality assurance;
 - (5) Participant health and safety, including care and use of manikins;
 - (6) Issues of cultural sensitivity;
 - (7) Assurance that child care context is part of all content areas; and
 - (8) Topics and skills specified in Sections 100000.15 (a) and 100000.16 as necessary for instructor trainees with no prior training or skills competency.
- (b) The training program for instructors shall also assess and evaluate an instructor's ability to teach the following essential skills:
- (1) Primary assessment, including management of suspected head and neck injuries;
 - (2) Rescue breathing;
 - (3) Techniques for response to choking (conscious and unconscious children);
 - (4) Techniques for controlling bleeding;
 - (5) Pediatric CPR; and
 - (6) Splinting of fractures and sprains.
- (c) The training program shall assess and evaluate an instructor's teaching presentation and competency at assessing student skills.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

§ 100000.22. Required Course Content for Child Preventive Health and Safety Instructor Training.

- (a) The training program for instructors shall include, but not be limited to the following topics:
- (1) Teaching methods for adult students;
 - (2) Teaching presentation and student assessment;
 - (3) Child development impact and issues;
 - (4) Administrative and training quality assurance;
 - (5) Topics and skills specified in Sections 100000.15 (b) and 100000.16;
 - (6) Issues of cultural awareness and sensitivity;
 - (7) Assurance that child care context is part of all content areas;

(8) Knowledge of child care; and

(9) Knowledge of child care statutes and regulations.

§ ~~100000.21~~ 100000.23 Methodology for Evaluation of Instructor Competence.

Methods to evaluate instructor competence shall include, but not be limited to, the following:

- (a) Demonstration of mastery in all curriculum areas;
- (b) Essential knowledge and skills assessment; and
- (c) Use of problem solving scenarios as teaching tools.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

§~~100000.22~~ 24. Instructor Certification/Authorization Requirements.

- (a) Training organizations shall issue cards that document certification of instructors. Certification cards shall contain an expiration date not to exceed two (2) years from the date of instructor certification.
- (b) Training organizations shall issue recertification cards upon expiration of original certification, to document recertification of qualified instructors. These recertification cards shall contain an expiration date not to exceed two years from the date of instructor recertification.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

§ ~~100000.23~~ 25. Monitoring of Instructors.

- (a) Methods to monitor certified instructors by training organizations shall include, but not be limited to, review of student evaluations and periodic direct observation of provider training.
- (b) Training organizations shall have an agreement of understanding with certified instructors specifying that the instructors shall teach according to the stated organization standards.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.

Article 4. Fees for Program Review Approval

§ 100000.2426. Fees.

~~Each training program as defined in Section 100000.8, submitting an application (Form EMS-App 100-1/95) for program review and approval, shall be assessed a fee of:~~

~~(1) five hundred dollars (\$500) for initial training program review and approval, and~~

~~(2) five hundred dollars (\$500) for subsequent training program review and approval.~~

Each training program submitting an application (Forms EMS-App 100-1/95 and EMS-App 102-1/99) for program review, shall be assessed a fee of:

(a) Two hundred and forty (\$240) dollars for the initial training program review, for the pediatric first aid and CPR training course.

(b) Two hundred and forty (\$240) dollars for the initial training and program review and approval of the preventive health training course.

(c) Two hundred and forty (\$240) dollars for the biannual training review and approval for the pediatric first aid and CPR training course.

(d) Two hundred and forty (\$240) dollars for the biannual training review and approval for the preventive health training course.

(e) Each training program shall issue their course completion cards with an EMS Authority sticker affixed to each of the course completion cards for the pediatric first aid and CPR course and the preventive health course.

NOTE: Authority cited: Sections 1797.107, 1797.113 and 1797.191, Health and Safety Code.

Reference: Sections 1596.866, 1797.113 and 1797.191, Health and Safety Code.

Article 5. Course Completion Cards

§ 100000.27. Course Completion Cards.

(a) EMS Authority-approved programs in pediatric first aid, CPR and preventive health practices training must purchase stickers from the EMS Authority for their course completion cards. The cost of these stickers are three (3) dollars each.

(b) Approved EMSA programs that have affiliates must order the course stickers necessary for all of their affiliates.

(c) Approved EMSA programs that have affiliates are responsible for delivering the ordered course stickers to their affiliates.

(d) Course completion cards with the EMS Authority stickers for the child care training in pediatric first aid, CPR and preventive health training shall be issued by the training program to the student within 21 calendar days after the training is completed.

(e) The course completion cards shall have the name of the program training director and the name and signature of the course instructor.

(f) Course completion cards for the preventive health training must show the issue date for the preventive health training card.

(g) Course completion cards for the pediatric first aid and CPR training must show the issue date and expiration date for the pediatric first aid and CPR cards.

NOTE: Authority cited: Sections 1797.107, 1797.191 and 1797.113, Health and Safety Code.

Reference: Sections 1596.866, 1797.191 and 1797.113, Health and Safety Code.

§ 100000.28 Class Rosters.

Each EMSA-approved pediatric first aid and CPR training program and child preventive health and safety training program shall submit class rosters to the EMS Authority for each of the pediatric first aid and CPR training sessions and for each of the child preventive health and safety training sessions, within (14) calendar days of course completion. These class rosters shall include the name, address, and phone number of each student of the training. The rosters shall also include the serial number listed on the course completion card sticker that is issued to each student upon the completion of the training.

NOTE: Authority cited: Sections 1797.107 and 1797.191, Health and Safety Code. Reference: Sections 1596.866 and 1797.191, Health and Safety Code.